

# 2020 IWAS World Games

## Adaptive Sports USA

### Swimming Qualifying Standards

U23 Male	U17 Male	Class/Event			U23 Female	U16 Female
02:56	03:22.40	S1	50m Free	S1	02:59.52	03:26.45
01:50	02:06.50	S2	50m Free	S2	01:52.20	02:09.03
01:28	01:41.20	S3	50m Free	S3	01:29.76	01:43.22
01:17	01:28.55	S4	50m Free	S4	01:18.54	01:30.32
01:00	01:09.57	S5	50m Free	S5	01:00.50	01:09.57
00:49	00:56.93	S6	50m Free	S6	00:49.50	00:56.93
00:40	00:45.54	S7	50m Free	S7	00:38.81	00:44.63
00:39	00:44.28	S8	50m Free	S8	00:37.73	00:43.39
00:35	00:40.48	S9	50m Free	S9	00:34.50	00:39.68
00:34	00:39.21	S10	50m Free	S10	00:33.42	00:38.43
05:30	06:19.50	S1	100m Free	S1	05:30.00	06:19.50
03:51	04:25.65	S2	100m Free	S2	03:55.62	04:30.96
03:18	03:47.70	S3	100m Free	S3	03:21.96	03:52.25
02:45	03:09.75	S4	100m Free	S4	02:48.30	03:13.54
02:12	02:31.80	S5	100m Free	S5	02:12.00	02:31.80
01:45	02:00.17	S6	100m Free	S6	01:44.50	02:00.17
01:34	01:47.52	S7	100m Free	S7	01:35.37	01:49.68
01:28	01:41.20	S8	100m Free	S8	01:29.76	01:43.22
01:17	01:28.55	S9	100m Free	S9	01:18.54	01:30.32
01:13	01:23.49	S10	100m Free	S10	01:14.05	01:25.16
11:00	12:39.00	S1	200m Free	S1	11:00.00	12:39.00
07:40	08:49.00	S2	200m Free	S2	07:49.20	08:59.58
05:54	06:47.10	S3	200m Free	S3	06:01.08	06:55.24
05:30	06:19.50	S4	200m Free	S4	05:36.60	06:27.09
05:08	05:54.20	S5	200m Free	S5	05:08.00	05:54.20
03:38	04:10.70	S6	200m Free	S6	03:38.00	04:10.70
03:17	03:46.55	S7	200m Free	S7	03:20.94	03:51.08
03:06	03:33.90	S8	200m Free	S8	03:09.72	03:38.18
02:44	03:08.60	S9	200m Free	S9	02:47.28	03:12.37
02:34	02:57.10	S10	200m Free	S10	02:37.08	03:00.64
22:20	25:41.00	S1	400m Free	S1	22:20.00	25:41.00
15:10	17:26.50	S2	400m Free	S2	15:28.20	17:47.43
11:48	13:34.20	S3	400m Free	S3	12:02.16	13:50.48
11:20	13:02.00	S4	400m Free	S4	11:33.60	13:17.64
10:36	12:11.40	S5	400m Free	S5	10:36.00	12:11.40
07:42	08:51.30	S6	400m Free	S6	07:42.00	08:51.30
07:20	08:26.00	S7	400m Free	S7	07:28.80	08:36.12
07:09	08:13.35	S8	400m Free	S8	07:17.58	08:23.22
06:36	07:35.40	S9	400m Free	S9	06:43.92	07:44.51
06:25	07:22.75	S10	400m Free	S10	06:32.70	07:31.61
15:24.00	17:42.60	S6	800m Free	S6	15:24.00	17:42.60
14:40.00	16:52.00	S7	800m Free	S7	14:57.60	17:12.24
14:18.00	16:26.70	S8	800m Free	S8	14:35.16	16:46.43

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## Adaptive Sports USA

### Swimming Qualifying Standards

13:12.00	15:10.80	S9	800m Free	S9	13:27.84	15:29.02
12:50.00	14:45.50	S10	800m Free	S10	13:05.40	15:03.21
30:48.00	35:25.20	S6	1500m Free	S6	30:48.00	35:25.20
25:57.00	29:50.55	S7	1500m Free	S7	26:28.14	30:26.36
24:37.50	28:19.12	S8	1500m Free	S8	25:07.05	28:53.11
22:00.50	25:18.57	S9	1500m Free	S9	22:26.91	25:48.95
20:53.00	24:00.95	S10	1500m Free	S10	21:18.06	24:29.77
<b>50m Back</b>						
2:56.00	03:22.40	S1	50m Back	S1	02:56.00	03:22.40
2:12.00	02:31.80	S2	50m Back	S2	02:14.64	02:34.84
1:50.00	02:06.50	S3	50m Back	S3	01:52.20	02:09.03
1:28.00	01:41.20	S4	50m Back	S4	01:29.76	01:43.22
1:06.00	01:15.90	S5	50m Back	S5	01:06.00	01:15.90
0:55.50	01:03.82	S6	50m Back	S6	00:55.50	01:03.82
0:50.00	00:57.50	S7	50m Back	S7	00:51.00	00:58.65
0:47.25	00:54.34	S8	50m Back	S8	00:48.19	00:55.42
0:39.00	00:44.85	S9	50m Back	S9	00:39.78	00:45.75
0:37.90	00:43.58	S10	50m Back	S10	00:38.66	00:44.46
<b>100m Back</b>						
5:57.00	06:50.55	S1	100m Back	S1	05:57.00	06:50.55
4:29.00	05:09.35	S2	100m Back	S2	04:34.38	05:15.54
3:45.00	04:18.75	S3	100m Back	S3	03:49.50	04:23.92
3:01.00	03:28.15	S4	100m Back	S4	03:04.62	03:32.31
2:17.00	02:37.55	S5	100m Back	S5	02:17.00	02:37.55
2:01.00	02:19.15	S6	100m Back	S6	02:01.00	02:19.15
1:50.00	02:06.50	S7	100m Back	S7	01:52.20	02:09.03
1:44.50	02:00.17	S8	100m Back	S8	01:46.59	02:02.58
1:28.00	01:41.20	S9	100m Back	S9	01:29.76	01:43.22
1:25.00	01:37.75	S10	100m Back	S10	01:26.70	01:39.70
<b>200m Back</b>						
12:04.00	13:52.60	S1	200m Back	S1	12:04.00	13:52.60
9:08.00	10:30.20	S2	200m Back	S2	09:18.96	10:42.80
7:40.00	08:49.00	S3	200m Back	S3	07:49.20	08:59.58
6:12.00	07:07.80	S4	200m Back	S4	06:19.44	07:16.36
5:44.00	06:35.60	S5	200m Back	S5	05:44.00	06:35.60
4:00.00	04:36.00	S6	200m Back	S6	04:00.00	04:36.00
3:50.00	04:24.50	S7	200m Back	S7	03:54.60	04:29.79
3:29.00	04:00.35	S8	200m Back	S8	03:33.18	04:05.16
3:06.00	03:33.90	S9	200m Back	S9	03:09.72	03:38.18
3:00.00	03:27.00	S10	200m Back	S10	03:03.60	03:31.14
<b>50m Breast</b>						
3:38.00	04:10.70	SB1	50m Breast	SB1	03:38.00	04:10.70
2:12.00	02:31.80	SB2	50m Breast	SB2	02:14.64	02:34.84
1:50.00	02:06.50	SB3	50m Breast	SB3	01:52.20	02:09.03
1:12.00	01:22.80	SB4	50m Breast	SB4	01:13.44	01:24.46

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## Adaptive Sports USA

### Swimming Qualifying Standards

1:09.25	01:19.64	SB5	50m Breast	SB5	01:09.25	01:19.64
1:06.50	01:16.47	SB6	50m Breast	SB6	01:06.50	01:16.47
1:01.00	01:10.15	SB7	50m Breast	SB7	01:02.22	01:11.55
0:50.00	00:57.50	SB8	50m Breast	SB8	00:51.00	00:58.65
0:42.30	00:48.64	SB9	50m Breast	SB9	00:43.15	00:49.62
7:26.00	08:32.90	SB1	100m Breast	SB1	07:26.00	08:32.90
4:34.00	05:15.10	SB2	100m Breast	SB2	04:39.48	05:21.40
3:50.00	04:24.50	SB3	100m Breast	SB3	03:54.60	04:29.79
2:34.00	02:57.10	SB4	100m Breast	SB4	02:37.08	03:00.64
2:28.50	02:50.77	SB5	100m Breast	SB5	02:28.50	02:50.77
2:23.00	02:44.45	SB6	100m Breast	SB6	02:23.00	02:44.45
2:12.00	02:31.80	SB7	100m Breast	SB7	02:14.64	02:34.84
1:50.00	02:06.50	SB8	100m Breast	SB8	01:52.20	02:09.03
1:34.60	01:48.79	SB9	100m Breast	SB9	01:36.49	01:50.96
15:08.00	17:24.20	SB1	200m Breast	SB1	15:08.00	17:24.20
9:18.00	10:41.70	SB2	200m Breast	SB2	09:29.16	10:54.53
7:50.00	09:00.50	SB3	200m Breast	SB3	07:59.40	09:11.31
5:15.00	06:02.25	SB4	200m Breast	SB4	05:21.30	06:09.49
4:52.00	05:35.80	SB5	200m Breast	SB5	04:52.00	05:35.80
4:50.00	05:33.50	SB6	200m Breast	SB6	04:50.00	05:33.50
4:22.00	05:01.30	SB7	200m Breast	SB7	04:27.24	05:07.33
3:58.50	04:34.28	SB8	200m Breast	SB8	04:03.27	04:39.76
3:52.00	04:26.80	SB9	200m Breast	SB9	03:56.64	04:32.14
2:12.00	02:31.80	S1	50m Fly	S1	02:12.00	02:31.80
2:01.00	02:19.15	S2	50m Fly	S2	02:03.42	02:21.93
1:39.00	01:53.85	S3	50m Fly	S3	01:40.98	01:56.13
1:28.00	01:41.20	S4	50m Fly	S4	01:29.76	01:43.22
1:17.00	01:28.55	S5	50m Fly	S5	01:17.00	01:28.55
1:00.50	01:09.57	S6	50m Fly	S6	01:00.50	01:09.57
0:49.50	00:56.93	S7	50m Fly	S7	00:50.49	00:58.06
0:47.25	00:54.34	S8	50m Fly	S8	00:48.19	00:55.42
0:39.00	00:44.85	S9	50m Fly	S9	00:39.78	00:45.75
0:36.00	00:41.40	S10	50m Fly	S10	00:36.72	00:42.23
4:34.00	05:15.10	S1	100m Fly	S1	04:34.00	05:15.10
4:12.00	04:49.80	S2	100m Fly	S2	04:17.04	04:55.60
3:28.00	03:59.20	S3	100m Fly	S3	03:32.16	04:03.98
3:06.00	03:33.90	S4	100m Fly	S4	03:09.72	03:38.18
2:44.00	03:08.60	S5	100m Fly	S5	02:44.00	03:08.60
2:11.00	02:30.65	S6	100m Fly	S6	02:11.00	02:30.65
1:49.00	02:05.35	S7	100m Fly	S7	01:51.18	02:07.86
1:44.50	02:00.17	S8	100m Fly	S8	01:46.59	02:02.58
1:28.00	01:41.20	S9	100m Fly	S9	01:29.76	01:43.22
1:22.00	01:34.30	S10	100m Fly	S10	01:23.64	01:36.19

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### Swimming Qualifying Standards

9:18.00	10:41.70	S1	200m Fly	S1	09:18.00	10:41.70
8:34.00	09:51.10	S2	200m Fly	S2	08:44.28	10:02.92
7:06.00	08:09.90	S3	200m Fly	S3	07:14.52	08:19.70
6:22.00	07:19.30	S4	200m Fly	S4	06:29.64	07:28.09
5:43.00	06:34.45	S5	200m Fly	S5	05:43.00	06:34.45
4:32.00	05:12.80	S6	200m Fly	S6	04:32.00	05:12.80
3:48.00	04:22.20	S7	200m Fly	S7	03:52.56	04:27.44
3:35.00	04:07.25	S8	200m Fly	S8	03:39.30	04:12.19
3:23.00	03:53.45	S9	200m Fly	S9	03:27.06	03:58.12
3:10.00	03:38.50	S10	200m Fly	S10	03:13.80	03:42.87
6:36.00	07:35.40	SM1	150m IM	SM1	06:36.00	07:35.40
6:03.00	06:57.45	SM2	150m IM	SM2	06:10.26	07:05.80
5:30.00	06:19.50	SM3	150m IM	SM3	05:36.60	06:27.09
4:24.00	05:03.60	SM4	150m IM	SM4	04:29.28	05:09.67
8:53.00	10:12.95	SM1	200m IM	SM1	08:53.00	10:12.95
8:09.00	09:22.35	SM2	200m IM	SM2	08:18.78	09:33.60
7:14.00	08:19.10	SM3	200m IM	SM3	07:22.68	08:29.08
5:57.00	06:50.55	SM4	200m IM	SM4	06:04.14	06:58.76
5:30.00	06:19.50	SM5	200m IM	SM5	05:30.00	06:19.50
4:24.00	05:03.60	SM6	200m IM	SM6	04:24.00	05:03.60
3:51.00	04:25.65	SM7	200m IM	SM7	03:55.62	04:30.96
3:40.00	04:13.00	SM8	200m IM	SM8	03:44.40	04:18.06
3:18.00	03:47.70	SM9	200m IM	SM9	03:21.96	03:52.25
3:07.00	03:35.05	SM10	200m IM	SM10	03:10.74	03:39.35
17:54.00	20:35.10	SM1	400m IM	SM1	17:54.00	20:35.10
16:23.00	18:50.45	SM2	400m IM	SM2	16:42.66	19:13.06
14:33.00	16:43.95	SM3	400m IM	SM3	14:50.46	17:04.03
11:59.00	13:46.85	SM4	400m IM	SM4	12:13.38	14:03.39
11:05.00	12:44.75	SM5	400m IM	SM5	11:05.00	12:44.75
8:53.00	10:12.95	SM6	400m IM	SM6	08:53.00	10:12.95
7:52.00	09:02.80	SM7	400m IM	SM7	08:01.44	09:13.66
7:30.00	08:37.50	SM8	400m IM	SM8	07:39.00	08:47.85
6:46.00	07:46.90	SM9	400m IM	SM9	06:54.12	07:56.24
6:24.00	07:21.60	SM10	400m IM	SM10	06:31.68	07:30.43