

**Adaptive Sports USA Junior Nationals Short Course B Standards
1A - 5D/E (Free & Back)**

Class/Age Group		25 Free Y	25 Free M	50 Free Y	50 Free M	100 Free Y	100 Free M	200 Free Y	200 Free M	500 Free Y	400 Free M	25 Back Y	25 Back M	50 Back Y	50 Back M	100 Back Y	100 Back M
1/U11	M	2:30	2:44	5:00	5:28	X	X	X	X	X	X	2:30	2:44	5:30	6:02	X	X
	F	2:45	3:01	5:15	5:45	X	X	X	X	X	X	2:45	3:01	5:45	6:18	X	X
1/U14	M	2:30	2:44	5:00	5:28	X	X	X	X	X	X	2:30	2:44	5:15	5:45	X	X
	F	2:45	3:01	5:15	5:45	X	X	X	X	X	X	2:45	3:01	5:30	6:02	X	X
1/U16/18	M	X	X	4:45	5:12	7:00	7:40	11:00	13:02	X	X	X	X	5:00	5:28	8:30	9:18
	F	X	X	5:00	5:28	7:30	8:12	11:30	12:35	X	X	X	X	5:15	5:45	9:00	9:51
1/U20/23	M	X	X	4:45	5:12	7:00	7:40	11:00	13:02	X	X	X	X	4:45	5:12	8:30	9:18
	F	X	X	5:00	5:28	7:30	8:12	11:30	12:35	X	X	X	X	5:00	5:28	9:00	9:51
2/U11	M	2:15	2:28	4:45	5:12	X	X	X	X	X	X	2:30	2:44	4:15	4:39	X	X
	F	2:30	2:44	5:00	5:28	X	X	X	X	X	X	2:45	3:01	4:30	4:56	X	X
2/U14	M	2:15	2:28	4:45	5:12	X	X	X	X	X	X	2:30	2:44	4:00	4:23	X	X
	F	2:30	2:44	5:00	5:28	X	X	X	X	X	X	2:45	3:01	4:15	4:39	X	X
2/U16/18	M	X	X	4:30	4:56	5:30	6:02	10:30	11:29	X	X	X	X	3:45	4:06	6:30	7:07
	F	X	X	4:45	5:12	6:00	6:34	11:00	13:02	X	X	X	X	4:00	4:23	7:00	7:40
2/U20/23	M	X	X	4:30	4:56	5:15	5:45	10:15	11:13	X	X	X	X	3:30	3:50	6:30	7:07
	F	X	X	4:45	5:12	5:45	6:18	10:45	11:45	X	X	X	X	3:45	4:06	7:00	7:40
3/U11	M	2:00	2:12	4:00	4:23	X	X	X	X	X	X	2:30	2:44	3:30	3:50	X	X
	F	2:15	2:28	4:15	4:39	X	X	X	X	X	X	2:45	3:01	3:45	4:06	X	X
3/U14	M	2:00	2:12	4:00	4:23	X	X	X	X	X	X	2:15	2:28	3:15	3:34	X	X
	F	2:15	2:28	4:15	4:39	X	X	X	X	X	X	2:30	2:44	3:30	3:50	X	X
3/U16/18	M	X	X	3:45	4:06	5:00	5:28	8:45	9:34	X	X	X	X	3:00	3:17	5:30	6:02
	F	X	X	4:00	4:23	5:30	6:02	9:15	10:07	X	X	X	X	3:15	3:34	6:00	6:34
3/U20/23	M	X	X	3:45	4:06	4:45	5:12	8:15	9:01	X	X	X	X	2:45	3:01	5:30	6:02
	F	X	X	4:00	4:23	5:15	5:45	8:45	9:34	X	X	X	X	3:00	3:17	6:00	6:34
4/U11	M	1:45	1:55	3:30	3:50	X	X	X	X	X	X	2:30	2:44	3:15	3:34	X	X
	F	2:00	2:12	3:45	4:06	X	X	X	X	X	X	2:45	3:01	3:30	3:50	X	X
4/U14	M	1:45	1:55	3:30	3:50	X	X	X	X	X	X	2:15	2:28	3:00	3:17	X	X
	F	2:00	2:12	3:45	4:06	X	X	X	X	X	X	2:30	2:44	3:15	3:34	X	X
4/U16/18	M	X	X	3:15	3:34	4:45	5:12	8:15	9:01	X	X	X	X	2:45	3:01	4:45	5:12
	F	X	X	3:30	3:50	5:15	5:45	8:45	9:34	X	X	X	X	3:00	3:17	5:15	5:45
4/U20/23	M	X	X	3:00	3:17	4:30	4:56	7:45	8:29	X	X	X	X	2:30	2:44	4:45	5:12
	F	X	X	3:15	3:34	5:00	5:28	8:15	9:01	X	X	X	X	2:45	3:01	5:15	5:45
5/U11	M	1:45	1:55	3:00	3:17	X	X	X	X	X	X	2:15	2:28	2:30	2:44	X	X
	F	2:00	2:12	3:15	3:34	X	X	X	X	X	X	2:30	2:44	2:45	3:01	X	X

5/U14	M	1:30	1:39	3:00	3:17	4:30	4:56	7:15	7:56	X	X	2:00	2:12	2:30	2:44	4:45	5:12
	F	1:45	1:55	3:15	3:34	5:00	5:28	7:45	8:29	X	X	2:15	2:28	2:45	3:01	5:15	5:45
5/U16/18	M	X	X	2:45	3:01	4:15	4:39	7:00	7:40	X	X	X	X	2:15	2:28	4:30	4:56
	F	X	X	3:00	3:17	4:45	5:12	7:30	8:12	X	X	X	X	2:30	2:44	5:00	5:28
5/U20/23	M	X	X	2:30	2:44	4:00	4:23	7:00	7:40	X	X	X	X	2:15	2:28	4:15	4:39
	F	X	X	2:45	3:01	4:30	4:56	7:30	8:12	X	X	X	X	2:30	2:44	4:45	5:12

Junior Nationals Qualifying Standards 6A - 10D/E (Free & Back)

Class		25 Free Y	25 Free M	50 Free Y	50 Free M	100 Free Y	100 Free M	200 Free Y	200 Free M	500 Free Y	400 Free M	25 Back Y	25 Back M	50 Back Y	50 Back M	100 Back Y	100 Back M
6/U11	M	1:30	1:39	2:45	3:01	X	X	X	X	X	X	1:45	1:55	2:30	2:44	X	X
	F	1:45	1:55	3:00	3:17	X	X	X	X	X	X	2:00	2:12	2:45	3:01	X	X
6/U14	M	1:30	1:39	2:45	3:01	4:00	4:23	6:00	6:34	X	X	1:45	1:55	2:30	2:44	4:00	4:23
	F	1:45	1:55	3:00	3:17	4:30	4:56	6:30	7:07	X	X	2:00	2:12	2:45	3:01	4:30	4:56
6/U16/18	M	X	X	2:30	2:44	3:45	4:06	5:45	6:18	11:30	10:31	X	X	2:15	2:28	4:00	4:23
	F	X	X	2:45	3:01	4:15	4:39	6:15	6:50	12:00	10:59	X	X	2:30	2:44	4:30	4:56
6/U20/23	M	X	X	2:15	2:28	3:30	3:50	5:30	6:02	11:30	10:31	X	X	2:00	2:12	3:45	4:06
	F	X	X	2:30	2:44	4:00	4:23	6:00	6:34	12:00	10:59	X	X	2:15	2:28	4:15	4:39
7/U11	M	1:30	1:39	2:45	3:01	X	X	X	X	X	X	1:30	1:39	2:30	2:44	X	X
	F	1:45	1:55	3:00	3:17	X	X	X	X	X	X	1:45	1:55	2:45	3:01	X	X
7/U14	M	1:30	1:39	2:45	3:01	3:30	3:50	5:30	6:02	X	X	1:30	1:39	2:15	2:28	3:45	4:06
	F	1:45	1:55	3:00	3:17	4:00	4:23	6:00	6:34	X	X	1:45	1:55	2:30	2:44	4:15	4:39
7/U16/18	M	X	X	2:30	2:44	3:15	3:34	5:15	5:45	10:30	9:37	X	X	2:00	2:12	3:45	4:06
	F	X	X	2:45	3:01	3:45	4:06	5:45	6:18	11:00	10:04	X	X	2:15	2:28	4:15	4:39
7/U20/23	M	X	X	2:15	2:28	3:00	3:17	5:00	5:28	10:30	9:37	X	X	1:45	1:55	3:30	3:50
	F	X	X	2:30	2:44	3:30	3:50	5:30	6:02	11:00	10:04	X	X	2:00	2:12	4:00	4:23
8/U11	M	1:15	1:22	2:15	2:28	X	X	X	X	X	X	1:15	1:22	1:45	1:55	X	X
	F	1:30	1:39	2:30	2:44	X	X	X	X	X	X	1:30	1:39	2:00	2:12	X	X
8/U14	M	1:15	1:22	2:15	2:28	3:15	3:34	5:15	5:45	X	X	1:15	1:22	2:00	2:12	3:30	3:50
	F	1:30	1:39	2:30	2:44	3:45	4:06	5:45	6:18	X	X	1:30	1:39	2:15	2:28	4:00	4:23
8/U16/18	M	X	X	2:00	2:12	3:00	3:17	5:00	5:28	10:15	9:23	X	X	1:45	1:55	3:30	3:50
	F	X	X	2:15	2:28	3:30	3:50	5:30	6:02	10:45	9:50	X	X	2:00	2:12	4:00	4:23
8/U20/23	M	X	X	1:45	1:55	2:45	3:01	4:45	5:12	10:15	9:23	X	X	1:45	1:55	3:15	3:34
	F	X	X	2:00	2:12	3:15	3:34	5:15	5:45	10:45	9:50	X	X	2:00	2:12	3:45	4:06
9/U11	M	1:15	1:22	2:15	2:28	X	X	X	X	X	X	1:00	1:06	2:00	2:12	X	X
	F	1:30	1:39	2:30	2:44	X	X	X	X	X	X	1:15	1:22	2:15	2:28	X	X
9/U14	M	1:15	1:22	2:00	2:12	3:00	3:17	5:00	5:28	X	X	1:00	1:06	1:45	1:55	3:15	3:34
	F	1:30	1:39	2:15	2:28	3:30	3:50	5:30	6:02	X	X	1:15	1:22	2:00	2:12	3:45	4:06

9/U16/18 M	X	X	1:45	1:55	2:45	3:01	4:45	6:02	9:30	8:42	X	X	1:30	1:39	3:15	3:34
F	X	X	2:00	2:12	3:15	3:34	5:15	5:45	10:00	9:09	X	X	1:45	1:55	3:45	4:06
9/U20/23 M	X	X	1:30	1:39	2:30	2:44	4:30	4:56	9:30	8:42	X	X	1:30	1:39	3:00	3:17
F	X	X	1:45	1:55	3:00	3:17	5:00	5:28	10:00	9:09	X	X	1:45	1:55	3:30	3:50
10/U11 M	1:00	1:06	2:00	2:12	X	X	X	X	X	X	1:00	1:06	2:00	2:12	X	X
F	1:15	1:22	2:15	2:28	X	X	X	X	X	X	1:15	1:22	2:15	2:28	X	X
10/U14 M	1:00	1:06	1:45	1:55	2:45	3:01	5:00	5:28	X	X	1:00	1:06	1:45	1:55	3:00	3:17
F	1:15	1:22	2:00	2:12	3:15	3:34	5:15	5:45	X	X	1:15	1:22	2:00	2:12	3:30	3:50
10/U16/18 M	X	X	1:30	1:39	2:30	2:44	4:45	5:12	9:15	8:28	X	X	1:30	1:39	3:00	3:17
F	X	X	1:45	1:55	3:00	3:17	5:15	5:45	9:45	8:55	X	X	1:45	1:55	3:30	3:50
10/U20/23 M	X	X	1:15	1:22	2:15	2:28	4:30	4:53	9:15	8:28	X	X	1:30	1:39	2:45	3:01
F	X	X	1:30	1:39	2:45	3:01	5:00	5:28	9:45	8:55	X	X	1:45	1:55	3:15	3:34

Junior Nationals Qualifying Standards 11 - 13D/E (Free & Back)

Class	25 Free Y	25 Free M	50 Free Y	50 Free M	100 Free Y	100 Free M	200 Free Y	200 Free M	500 Free Y	400 Free M	25 Back Y	25 Back M	50 Back Y	50 Back M	100 Back Y	100 Back M
11/U11 M	1:15	1:22	2:15	2:28	X	X	X	X	X	X	1:00	1:06	2:00	2:12	X	X
F	1:30	1:39	2:30	2:44	X	X	X	X	X	X	1:15	1:22	2:15	2:28	X	X
11/U14 M	1:15	1:22	2:00	2:12	3:00	3:17	5:00	5:28	X	X	1:00	1:06	1:45	1:55	3:15	3:34
F	1:30	1:39	2:15	2:28	3:30	3:50	5:30	6:02	X	X	1:15	1:22	2:00	2:12	3:45	4:06
11/U16/18 M	X	X	1:45	1:55	2:45	3:01	4:45	5:12	9:30	8:42	X	X	1:30	1:39	3:15	3:34
F	X	X	2:00	2:12	3:15	3:34	5:15	5:45	10:00	9:09	X	X	1:45	1:55	3:45	4:06
11/U20/23 M	X	X	1:30	1:39	2:30	2:44	4:30	4:56	9:30	8:42	X	X	1:30	1:39	3:00	3:17
F	X	X	1:45	1:55	3:00	3:17	5:00	5:28	10:00	9:09	X	X	1:45	1:55	3:30	3:50
12/13/14 M	1:00	1:06	2:00	2:12	X	X	X	X	X	X	1:00	1:06	2:00	2:12	X	X
U11 F	1:15	1:22	2:15	2:28	X	X	X	X	X	X	1:15	1:22	2:15	2:28	X	X
12/13/14 M	1:00	1:06	1:45	1:55	2:45	3:01	5:00	5:28	X	X	1:00	1:06	1:45	1:55	3:00	3:17
U14 F	1:15	1:22	2:00	2:12	3:15	3:34	5:15	5:45	X	X	1:15	1:22	2:00	2:12	3:30	3:50
12/13/14 M	X	X	1:30	1:39	2:30	2:44	4:45	5:12	9:15	8:28	X	X	1:30	1:39	3:00	3:17
U16/18 F	X	X	1:45	1:55	3:00	3:17	5:15	5:45	9:45	8:55	X	X	1:45	1:55	3:30	3:50
12/13/14 M	X	X	1:15	1:22	2:15	2:28	4:30	4:56	9:15	8:28	X	X	1:30	1:39	2:45	3:01
U20/23 F	X	X	1:30	1:39	2:45	3:01	5:00	5:28	9:45	8:55	X	X	1:45	1:55	3:15	3:34

Revised 04/2018

Junior Nationals Qualifying Standards 1A – 5D/E (Breast & Fly)

Class		25	25	50	50	100	100	25	25	50	50	100	100
		Breast	Breast	Breast	Breast	Breast	Breast	Fly	Fly	Fly	Fly	Fly	Fly
		Y	M	Y	M	Y	M	Y	M	Y	M	Y	M
1/U11	M	2:45	3:01	X	X	X	X	X	X	X	X	X	X
	F	3:00	3:17	X	X	X	X	X	X	X	X	X	X
1/U14	M	2:45	3:01	X	X	X	X	3:00	3:17	X	X	X	X
	F	3:00	3:17	X	X	X	X	3:15	3:34	X	X	X	X
1/U16/18	M	2:30	2:44	4:30	4:56	X	X	3:00	3:17	5:00	5:28	X	X
	F	2:45	3:01	4:45	5:12	X	X	3:15	3:34	5:15	5:45	X	X
1/U20/23	M	2:30	2:44	4:30	4:56	X	X	3:00	3:17	5:00	5:28	X	X
	F	2:45	3:01	4:45	5:12	X	X	3:15	3:34	5:15	5:45	X	X
2/U11	M	2:45	3:01	X	X	X	X	X	X	X	X	X	X
	F	3:00	3:17	X	X	X	X	X	X	X	X	X	X
2/U14	M	2:45	3:01	X	X	X	X	3:00	3:17	X	X	X	X
	F	3:00	3:17	X	X	X	X	3:15	3:34	X	X	X	X
2/U16/18	M	2:30	2:44	4:15	4:39	X	X	2:45	3:01	4:45	5:12	X	X
	F	2:45	3:01	4:30	4:56	X	X	3:00	3:17	5:00	5:28	X	X
2/U20/23	M	2:30	2:44	4:15	4:39	X	X	2:45	3:01	4:45	5:12	X	X
	F	2:45	3:01	4:30	4:56	X	X	3:00	3:17	5:00	5:28	X	X
3/U11	M	2:30	2:44	X	X	X	X	X	X	X	X	X	X
	F	2:45	3:01	X	X	X	X	X	X	X	X	X	X
3/U14	M	2:30	2:44	4:00	4:23	X	X	2:45	3:01	X	X	X	X
	F	2:45	3:01	4:15	4:39	X	X	3:00	3:17	X	X	X	X
3/U16/18	M	2:15	2:28	3:45	4:06	5:15	5:45	2:30	2:44	4:30	4:56	X	X
	F	2:30	2:44	4:00	4:23	5:45	6:18	2:45	3:01	4:45	5:28	X	X
3/U20/23	M	2:15	2:28	3:30	3:50	5:15	5:45	2:30	2:44	4:15	4:39	X	X
	F	2:30	2:44	3:45	4:06	5:45	6:18	2:45	3:01	4:30	4:56	X	X
4/U11	M	2:30	2:44	X	X	X	X	X	X	X	X	X	X
	F	2:45	3:01	X	X	X	X	X	X	X	X	X	X
4/U14	M	2:15	2:28	3:45	4:06	X	X	2:30	2:44	X	X	X	X
	F	2:30	2:44	4:00	4:23	X	X	2:45	3:01	X	X	X	X
4/U16/18	M	X	X	3:30	3:50	5:00	5:28	2:15	2:28	4:00	4:23	X	X
	F	X	X	3:45	4:06	5:30	6:02	2:30	2:44	4:15	4:39	X	X
4/U20/23	M	X	X	3:15	3:34	5:00	5:28	2:00	2:12	4:00	4:23	X	X
	F	X	X	3:30	3:50	5:30	6:02	2:15	2:28	4:15	4:39	X	X

5/U11 M	2:15	2:28	X	X	X	X	2:15	2:28	X	X	X	X
F	2:30	2:44	X	X	X	X	2:30	2:44	X	X	X	X
5/U14 M	2:00	2:12	3:30	3:50	X	X	2:00	2:12	3:30	3:50	X	X
F	2:15	2:28	3:45	4:06	X	X	2:15	2:28	3:45	4:06	X	X
5/U16/18 M	X	X	3:15	3:34	5:00	5:28	1:45	1:55	3:30	3:50	4:00	4:23
F	X	X	3:30	3:50	5:30	6:02	2:00	2:12	3:45	4:06	4:30	4:56
5/U20/23 M	X	X	3:15	3:34	4:45	5:12	1:30	1:39	3:30	3:50	4:00	4:23
F	X	X	3:30	3:50	5:15	5:45	1:45	1:55	3:45	4:06	4:30	4:56

Junior Nationals Qualifying Standards 6A – 10D/E (Breast & Fly)

Class/Age Group	25 Breast	25 Breast	50 Breast	50 Breast	100 Breast	100 Breast	25 Fly	25 Fly	50 Fly	50 Fly	100 Fly	100 Fly
	Y	M	Y	M	Y	M	Y	M	Y	M	Y	M
6/U11 M	2:15	2:28	X	X	X	X	2:00	2:12	X	X	X	X
F	2:30	2:44	X	X	X	X	2:15	2:28	X	X	X	X
6/U14 M	2:00	2:12	3:15	3:34	X	X	2:00	2:12	3:30	3:50	X	X
F	2:15	2:28	3:30	3:50	X	X	2:15	2:28	3:45	4:06	X	X
6/U16/18 M	X	X	3:15	3:34	5:00	5:28	X	X	3:30	3:50	3:45	4:06
F	X	X	3:30	3:50	5:30	6:02	X	X	3:45	4:06	4:15	4:39
6/U20/23 M	X	X	3:00	3:17	4:45	5:12	X	X	2:45	3:01	3:45	4:06
F	X	X	3:15	3:34	5:15	5:45	X	X	3:00	3:17	4:15	4:39
7/U11 M	2:15	2:28	X	X	X	X	1:45	1:55	X	X	X	X
F	2:30	2:44	X	X	X	X	2:00	2:12	X	X	X	X
7/U14 M	2:00	2:12	3:15	3:34	X	X	1:45	1:55	3:15	3:34	X	X
F	2:15	2:28	3:30	3:50	X	X	2:00	2:12	3:30	3:50	X	X
7/U16/18 M	X	X	3:00	3:17	4:45	5:12	X	X	2:45	3:01	3:30	3:50
F	X	X	3:15	3:34	5:15	5:45	X	X	3:00	3:17	4:00	4:23
7/U20/23 M	X	X	2:45	3:01	4:30	4:56	X	X	2:30	2:44	3:30	3:50
F	X	X	3:00	3:17	5:00	5:28	X	X	2:45	3:01	4:00	4:23
8/U11 M	2:00	2:12	X	X	X	X	1:45	1:55	X	X	X	X
F	2:15	2:28	X	X	X	X	2:00	2:12	X	X	X	X
8/U14 M	1:45	1:55	3:00	3:17	X	X	1:30	1:39	3:00	3:17	X	X
F	2:00	2:12	3:15	3:34	X	X	1:45	1:55	3:15	3:34	X	X
8/U16/18 M	X	X	2:45	3:01	4:30	4:56	X	X	2:30	2:44	3:15	3:34
F	X	X	3:00	3:17	5:00	5:28	X	X	2:45	3:01	3:45	4:06
8/U20/23 M	X	X	2:30	2:44	4:15	4:39	X	X	2:30	2:44	3:15	3:34
F	X	X	2:45	3:01	4:45	5:12	X	X	2:45	3:01	3:45	4:06
9/U11 M	1:45	1:55	X	X	X	X	1:30	1:39	X	X	X	X
F	2:00	2:12	X	X	X	X	1:45	1:55	X	X	X	X

9/U14 M F	1:30 1:45	1:39 1:55	2:45 3:00	3:01 3:17	X X	X X	1:30 1:45	1:39 1:55	2:45 3:00	3:01 3:17	X X	X X
9/U16/18 M F	X X	X X	2:30 2:45	2:44 3:01	4:15 4:45	4:39 5:12	X X	X X	2:15 2:30	2:28 2:44	3:00 3:30	3:17 3:50
9/U20/23 M F	X X	X X	2:15 2:30	2:28 2:44	4:00 4:30	4:23 4:56	X X	X X	2:15 2:30	2:28 2:44	3:00 3:30	3:17 3:50
10/U11 M F	X X	X X	X X	X X	X X	X X	1:30 1:45	1:39 1:55	X X	X X	X X	X X
10/U14 M F	X X	X X	X X	X X	X X	X X	1:15 1:30	1:22 1:39	2:30 2:45	2:44 3:01	X X	X X
10/U16/18 M F	X X	X X	X X	X X	X X	X X	X X	X X	2:15 2:30	2:28 2:44	2:45 3:15	3:01 3:34
10/U20/23 M F	X X	X X	X X	X X	X X	X X	X X	X X	2:00 2:15	2:12 2:28	2:45 3:15	3:01 3:34

Junior Nationals Qualifying Standards 11 - 13D/E (Breast & Fly)

Class	25 Breast Y	25 Breast M	50 Breast Y	50 Breast M	100 Breast Y	100 Breast M	25 Fly Y	25 Fly M	50 Fly Y	50 Fly M	100 Fly Y	100 Fly M
11/U11 M F	2:00 2:15	2:12 2:28	X X	X X	X X	X X	1:30 1:45	1:39 1:55	X X	X X	X X	X X
11/U14 M F	1:45 2:00	1:55 2:12	3:00 3:15	3:17 3:34	X X	X X	1:30 1:45	1:39 1:55	2:15 2:30	2:28 2:44	X X	X X
11/U16/18 M F	X X	X X	2:45 3:00	3:01 3:17	4:30 5:00	4:56 5:28	X X	X X	2:15 2:30	2:28 2:44	3:00 3:30	3:17 3:50
11/U20/23M F	X X	X X	2:30 2:45	2:44 3:01	4:15 4:45	4:39 5:12	X X	X X	2:00 2:15	2:12 2:28	3:00 3:30	3:17 3:50
12/13/14 M U11 F	1:45 2:00	1:55 2:12	X X	X X	X X	X X	1:30 1:45	1:39 1:55	X X	X X	X X	X X
12/13/14 U14 M	1:30 1:45	1:39 1:55	2:45 3:00	3:01 3:17	X X	X X	1:15 1:30	1:22 1:39	2:00 2:15	2:12 2:28	X X	X X
12/13/14 M U16/18 F	X X	X X	2:30 2:45	2:44 3:01	4:15 4:45	4:39 5:12	X X	X X	2:00 2:15	2:12 2:28	2:45 3:15	3:01 3:34
12/13/14 M U20/23 F	X X	X X	2:15 2:30	2:28 2:44	4:00 4:30	4:23 4:56	X X	X X	1:45 2:00	1:55 2:12	2:45 3:15	3:01 3:34

Junior Qualifying Standards 1A - 5D/E (IM)

Class		IM 3x25	IM 3x25	IM 3x50	IM 3x50	IM 4x25	IM 4x25	IM 4x50	IM 4x50
		Y	M	Y	M	Y	M	Y	M
1/U11	M	6:30	7:07	X	X	X	X	X	X
	F	6:45	7:23	X	X	X	X	X	X
1/U14	M	5:45	6:18	X	X	X	X	X	X
	F	6:00	6:34	X	X	X	X	X	X
1/U16/18	M	5:30	6:02	8:30	9:18	X	X	X	X
	F	5:45	6:18	9:00	9:51	X	X	X	X
1/U20/23	M	5:15	5:45	8:30	9:18	5:00	5:28	X	X
	F	5:30	6:02	9:00	9:51	5:30	6:02	X	X
2/U11	M	6:00	6:34	X	X	X	X	X	X
	F	6:15	6:50	X	X	X	X	X	X
2/U14	M	5:45	6:18	X	X	X	X	X	X
	F	6:00	6:34	X	X	X	X	X	X
2/U16/18	M	5:30	6:02	8:00	8:45	X	X	X	X
	F	5:45	6:18	8:30	9:18	X	X	X	X
2/U20/23	M	5:15	5:45	8:00	8:45	4:45	5:12	X	X
	F	5:30	6:02	8:30	9:18	5:15	5:45	X	X
3/U11	M	5:30	6:02	X	X	X	X	X	X
	F	5:45	6:18	X	X	X	X	X	X
3/U14	M	5:15	5:45	X	X	X	X	X	X
	F	5:30	6:02	X	X	X	X	X	X
3/U16/18	M	5:00	5:28	7:00	7:40	5:00	5:28	8:00	8:45
	F	5:15	5:45	7:30	8:12	5:30	6:02	8:30	9:18
3/U20/23	M	4:45	5:12	7:00	7:40	5:00	5:28	8:00	8:45
	F	5:00	5:28	7:30	8:12	5:30	6:02	8:30	9:18
4/U11	M	5:30	6:02	X	X	5:00	5:28	X	X
	F	5:45	6:18	X	X	5:30	6:02	X	X
4/U14	M	5:15	5:45	X	X	4:45	5:12	X	X
	F	5:30	6:02	X	X	5:15	5:45	X	X
4/U16/18	M	5:00	5:28	6:00	6:34	4:45	5:12	7:30	8:12
	F	5:15	5:45	6:30	7:07	5:15	5:45	8:00	8:45
4/U20/23	M	4:45	5:12	6:00	6:34	4:45	5:12	7:30	8:12
	F	5:00	5:28	6:30	7:07	5:15	5:45	8:00	8:45
5/U11	M	X	X	X	X	5:00	5:28	X	X
	F	X	X	X	X	5:30	6:02	X	X
5/U14	M	X	X	X	X	5:00	5:28	X	X
	F	X	X	X	X	5:30	6:02	X	X
5/U16/18	M	X	X	X	X	X	X	7:00	7:40
	F	X	X	X	X	X	X	7:30	8:12
5/U20/23	M	X	X	X	X	X	X	7:00	7:40
	F	X	X	X	X	X	X	7:30	8:12
6/U11	M	X	X	X	X	5:00	5:28	X	X
	F	X	X	X	X	5:15	5:45	X	X
6/U14	M	X	X	X	X	4:45	5:12	X	X
	F	X	X	X	X	5:00	5:28	X	X
6/U18	M	X	X	X	X	X	X	6:30	7:07
	F	X	X	X	X	X	X	7:00	7:40
6/U20/23	M	X	X	X	X	X	X	6:30	7:07
	F	X	X	X	X	X	X	7:00	7:40

7/U11	M	X	X	X	X	5:00	5:28	X	X
	F	X	X	X	X	5:15	5:45	X	X
7/U14	M	X	X	X	X	4:30	4:56	X	X
	F	X	X	X	X	4:45	5:12	X	X
7/U16/18	M	X	X	X	X	4:15	4:39	6:00	6:34
	F	X	X	X	X	4:30	4:56	6:30	7:07
7/U20/23	M	X	X	X	X	X	X	6:00	6:34
	F	X	X	X	X	X	X	6:30	7:07
8/U11	M	X	X	X	X	5:00	5:28	X	X
	F	X	X	X	X	5:15	5:45	X	X
8/U14	M	X	X	X	X	4:15	4:39	X	X
	F	X	X	X	X	4:30	4:56	X	X
8/U16/18	M	X	X	X	X	4:00	4:23	5:30	6:02
	F	X	X	X	X	4:15	4:39	6:00	6:34
8/U20/23	M	X	X	X	X	X	X	5:30	6:02
	F	X	X	X	X	X	X	6:00	6:34
9/U11	M	X	X	X	X	4:45	5:12	X	X
	F	X	X	X	X	5:00	5:28	X	X
9/U14	M	X	X	X	X	4:00	4:23	X	X
	F	X	X	X	X	4:15	4:39	X	X
9/U16/1	M	X	X	X	X	3:30	3:50	5:00	5:28
	F	X	X	X	X	3:45	4:06	5:30	6:02
9/U20/23	M	X	X	X	X	X	X	5:00	5:28
	F	X	X	X	X	X	X	5:30	6:02
10/U11	M	X	X	X	X	4:45	5:12	X	X
	F	X	X	X	X	5:00	5:28	X	X
10/U14	M	X	X	X	X	3:45	4:06	X	X
	F	X	X	X	X	4:00	4:23	X	X
10/U16/18	M	X	X	X	X	3:15	3:34	4:30	4:56
	F	X	X	X	X	3:30	3:50	5:00	5:28
10/ U20/23	M	X	X	X	X	X	X	4:30	4:56
	F	X	X	X	X	X	X	5:00	5:28
11/U11	M	X	X	X	X	4:45	5:12	X	X
	F	X	X	X	X	5:00	5:28	X	X
11/U14	M	X	X	X	X	4:00	5:12	X	X
	F	X	X	X	X	4:15	5:28	X	X
11/U16/18	M	X	X	X	X	3:30	3:50	5:00	5:28
	F	X	X	X	X	3:45	4:06	5:30	6:02
11/U20/23	M	X	X	X	X	X	X	5:00	5:28
	F	X	X	X	X	X	X	5:30	6:02
12/13/14	M	X	X	X	X	4:45	5:12	X	X
U11	F	X	X	X	X	5:00	5:28	X	X
12/13/14	M	X	X	X	X	3:45	4:06	X	X
U14	F	X	X	X	X	4:00	4:23	X	X
12/13/14	M	X	X	X	X	3:15	3:34	4:30	4:56
U16/18	F	X	X	X	X	3:30	3:50	5:00	5:28
12/13/14	M	X	X	X	X	X	X	4:30	4:56
U20/23	F	X	X	X	X	X	X	5:00	5:28

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